



DR. HEM PRASAD NATH

Senior Student Activity & Sports Officer

National Institute of Technology Karnataka (NITK), Surathkal

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CAREER OBJECTIVE

To contribute my expertise in Physical Education, Sports Administration, and Institutional Coordination towards the strategic growth and wellness initiatives of a reputed academic institution. Bringing 17 years of progressive experience in student affairs, sports management, and national-level coordination to enhance organizational goals in the field of physical education and sports.

CORE COMPETENCIES

- Strategic Planning & Sports Event Management
- Policy Implementation in Student Development & Wellness
- Research & Academic Mentorship in Physical Education & Sports
- Coordination with Ministry of Education & National Bodies
- Training, Capacity Building & Youth Engagement
- Certified Expertise in Sports Medicine and First Aid
- Life Skills & Youth Counseling

ADMINISTRATIVE EXPERIENCE

- Senior SAS Officer – NITK Surathkal (2024–Present)
- SAS Officer – NITK Surathkal (2014–2024)
- Physical Education Head – CBSE & ICSE Residential Schools (2008–2014)
- NSS Coordinator, NITK (2017–2021)
- Organizer – All India Inter NIT, Inter University & State-Level Sports Meets

ACADEMIC QUALIFICATIONS

Degree	Year	Institution	Division
Ph.D.	2013	RTM Nagpur University	—
UGC-NET	2011	UGC New Delhi	Pass
M.P.Ed.	2008	S.G. Amravati University	1 st (70.1%)
B.P.E.	2006	S.G. Amravati University	1 st (76.4%)
12th (Science)	2003	AHSEC, Assam	2 nd
10th	2001	SEBA, Assam	1 st

PROFESSIONAL EXPERIENCE

- Managed and supervised student co-curricular and extracurricular activities across the institute, supporting over 7,000 students.
- Member, All India Inter-NIT Sports Board, actively contributing to the strategic planning and execution of sports initiatives and policies across NITs nationwide.
- Orchestrated high-profile cultural and technical festivals, including Incident and Engineer, ensuring logistical, financial, and student engagement success.
- Administered annual All India Inter-NIT Sports Meets involving 1000+ participants, overseeing venue preparation, scheduling, and inter-institutional coordination.
- Acted as Nodal Officer for MoE initiatives including Ek Bharat Shreshtha Bharat (EBSB), Swachhta Pakhwada, and Fit India, fostering institutional participation and compliance.
- Designed and conducted capacity-building workshops for student leaders and volunteers on leadership, teamwork, and health awareness.
- Served as NSS Programme Coordinator (2017–2021), supervising numerous rural engagement and community outreach projects.
- Evaluated and mentored Ph.D., M.P.Ed., and M.Phil. research scholars in Physical Education and Sports Science.

RESEARCH & PUBLICATIONS

- Ph.D. on Emotional Intelligence in Sports
- 6+ Research Articles in Peer-Reviewed Journals
- Book Chapter on Indian Heritage and Yoga (ISBN: 978-93-85310-18-8)

EXPERT TALKS & INVITED LECTURES

- Served as a panelist and resource person for many national seminars/webinars on sports, fitness, and mental health.
- Expert Talk on “Yog: the need of 21st Century to Healthy & Blissful Living” – VNIT Nagpur, 26 March 2025
- Fit India Movement – “Evolution of Health and Sports in India” – NITK Surathkal, FDP, 16–20 August 2021
- National Webinar – “Yogic Way to Healthy & Blissful Living” – Dr. Anita Baruah Sarma College, Guwahati, 21 June 2021
- Expert Talk – “Body Waste Management: the much-needed purification” – NITK Surathkal FDP, 4–8 January 2021
- Expert Talk – “A Drive of an Eternal Concord” – NITK Surathkal FDP, 21–25 September 2020
- Inaugural Speech – National Webinar on Wetlands’ Role in Ecology & Economy of Assam – 29 August 2020
- Resource Talk – “Covid-19 Health Crisis: A Yogic Approach” – Charaibahi College, Assam, 20 July 2020

TRAININGS & CERTIFICATIONS

- First Aid Trainer – Institute of Arthroscopy & Sports Medicine
- General Financial Rules (GFR) & Procurement – NITK (2018)
- NSS Officers Training – University of Mysore (2017)
- CBSE PE Orientation – LNUPE, Gwalior (2010)
- Certified Scout master
- Life Skills and Adolescent Health Trainer and Freelance Counselor

LEADERSHIP & EVENT COORDINATION

- Organized major events including the All India Inter-NIT Sports Meet, institute-level youth, technical, and cultural programs
- Coordinated national initiatives such as EBSB, IDY, Swachhata Abhiyan, and JJGV under MoTA, MoE, and other Government of India schemes
- Managed state-level sports events for PSUs and organizations including MESCOM, DKCA, KSPCB, and various educational institutions.
- Served as Tournament Secretary for university athletic meets, overseeing planning and execution– University Athletic Meets

SPORTS & CO-CURRICULAR ACHIEVEMENTS

- University Yogasana Champion – 3 consecutive years (S.G. Amravati University)
- Represented in Cricket, Athletics, and Badminton at Intercollegiate, State, and National levels
- Participated in multiple Yoga, Athletics, and Adventure Sports events across India

PERSONAL DETAILS

- Date of Birth: 18 July 1985
- Marital Status: Married
- Languages Known: Assamese, Hindi, English, Bengali, Marathi, Kannada
- Address: NITK, Surathkal, Srinivasnagar Post, Mangalore – 575025 D.K., Karnataka, India
- Passport: Z6208473 (Valid till 2031)
- Interests: Travelling, Driving, Music and Spiritual Engagements

DECLARATION

I hereby declare that the above information is true to the best of my knowledge and belief.

Date:

Place: Mangalore

Dr. Hem Prasad Nath

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